

Business Resource List

United States Senators		PHONE/WEB	US Congressional Representatives	
Senator Hillary Rodham Clinton - Congressional Inquiries – Small Business Sup		(518) 431-0121 www.clinton.senate.gov	www.house.gov	
Senator Chuck Schumer - Congressional Inquiries – Small Business Sup		(518) 431-4070 www.schumer.senate.gov		
Federal Agencies			PHONE	WEB/E-MAIL
Department of Housing & Urban Development - Contract opportunities, business development funding, real estate development			(518) 464-4200	www.hud.gov
Department of Labor – Bureau of Apprenticeship & Training - Registered Apprenticeships – Structured Training Programs, OJT & formal trainings			(877) 872-5627 (877) US2JOBS	www.doleta.gov/atels_bat_reyes.anita@dol.gov
Department of Labor – Employee Benefits Security Administration - Compliance assistance on laws related to employee benefits; materials & assistance on retirement and health plans			(866) 444-3272 (617) 565-9600	www.dol.gov/ebsa
Department of Labor - Office of Federal Contract Compliance Programs - Assistance for federal contractors w/Affirmative Action and Equal Employment Non-Discrimination			(860) 240-4277	www.dol.gov
Department of Labor - Office of Small Business Programs - Regulatory compliance assistance for small businesses; procurement			(202) 693-6490 (888) 9SBREFA	www.dol.gov/osbp
Department of Labor - OSHA -Compliance assistance tools & information, safety & health technical information, free on-site consultation			(518) 464-4338	www.osha.gov
Department of Labor - Wage & Hour Division - Minimum Wage, Overtime, Child Labor, FLSA, FMLA, MSPA, Davis Bacon Act, Service Contract Act			(518) 431-4278	www.wagehour.dol.gov
Department of Transportation – Federal Highway Administration - Assistance to NYSDOT with Disadvantages, Women's Business Enterprise, Minority Business Enterprise			(518) 431-4125 X 242	www.fhwa.dot.gov
Department of Transportation - Federal Motor Carrier Safety Administration -Assistance w/regulations; dedicated to reducing crashes, injuries, fatalities involving large trucks/buses			(518) 431-4145	www.fmcsa.dot.gov
General Services Administration - GSA - Set-aside procurement opportunities for construction projects, service contracts in Federal Buildings			(518) 431-0310 (315) 448-0905	www.gsa.gov
Internal Revenue Service - EFTPS, E-Pay options, E-File, start-up business plan, deductions, EITC, education credits, advocacy			(800) 829-1040	www.irs.gov/smallbiz
Postal Service - Learn how to use our mailing and shipping solutions to make and save money			(800) ASKUSPS (800) 275-8777	www.usps.com
Small Business Administration - SBA -Business counseling, loans, sales to the Government			(518) 446-1118	www.sba.gov
Social Security Administration - Wage reporting, SSN verification, disability, retirement, survivor benefits			(800) 772-1213	www.socialsecurity.gov
Space Alliance Technology Outreach Program (SATOP) - 40 hours of FREE technical assistance, utilizing the engineering expertise of NASA and partners			(315) 701-0685 (877) 728-6769	www.satopny.com beth@satopny.com
State Agencies			PHONE	WEB/E-MAIL
Empire State Development - Economic Development Agency for New York State			(800) STATENY	www.nylovessmallbiz.com
NYS Consumer Protection Board - Complaint mediation			(800) 697-1220	www.nysconsumer.gov
NYS Department of Labor - Division of Employment Services - NY job bank, qualified labor pool, worker training funds			(800) HIRE992	www.labor.state.ny.us
NYS Department of Labor - Division of Labor Standards - Labor Law: wages, benefits, overtime, uniforms, hours, minors, record-keeping, insurance termination			(518) 457-2730	www.labor.state.ny.us
NYS Department of Labor - On-Site Consultation Program - Free on-site safety and health consultations and training for employers			(518) 457-2810	suzanne.waltz@dol.gov
NYS Department of Labor - Research & Statistics - Labor market information			(518) 462-7600 X 135	www.labor.state.ny.us
NYS Department of Labor - Unemployment Insurance Division - Unemployment Insurance			(518) 457-2635	www.labor.state.ny.us
NYS Department of State – Division of Corporations - Forms & instructions on corporation & limited liability company formation and licensing services			(518) 473-2492	www.dos.state.ny.us
NYS Department of State-Division of Licensing Services - State registration of corporations, various career licenses			(518) 408-2522	licensing@dos.state.ny.us
NYS Department of Taxation and Finance - Sales, business, employment, personal income, estate & gift taxes, Empire Zone tax benefits			(800) 972-1233	www.nystax.gov
NYS Dept. of Transportation - Equal Opportunity Development & Compliance -Disadvantaged Business Enterprise (DBE) Certification			(518) 457-1129	www.dot.state.ny.us khart@dot.state.ny.us
NYS Division of Child Support Enforcement -Employer info on child support enforcement, wage withholding & medical support coverage requirements			(518) 438-3694	https://newyorkchildsupport.com
NYS Environmental Facilities Corporation - Small Business Assistance - Free and confidential technical assistance to achieve compliance with environmental air requirements			(800) 780-7227 (518) 402-7461	www.nysefc.org sbap@nysefc.org
NYS Governor's Office of Regulatory Reform - Business permit information & assistance			(800) 342-3464	www.nys-permits.org
NYS Insurance Department Healthy NY, Affordable health insurance for small businesses, sole proprietors, working individuals			(866) HEALTHYNY (866) 432-5849	www.ins.state.ny.us www.HealthyNY.com
NYS Insurance Fund NY's largest workers' comp & disability benefits carrier, low cost coverage for businesses			(518) 437-6400	www.nysif.com
NYS Lottery - How to become a New York Lottery retailer			(800) 810-8128 (877) 623-9482	www.nylottery.org
NYS Public Service Commission - Assistance on how to help businesses use energy wisely and power tools to build your business in New York			(877) 661-9223	www.business_advocacy@dps.state.ny.us
NYS Workers' Compensation Board (WCB) - Advocate for Business			(800) 628-3331	www.wcb.state.ny.us
NYSED Vocational & Educational Services for Individuals w/ Disabilities VESID – Vocational counseling, tax incentives to employers, vocational goal planning			(518) 473-8097	www.nysed.vesid.gov/albany
NYSERDA -Information on New York Energy Smart Programs			(866) 697-3732	www.nyserda.org info@nyserda.org
NYSERDA Small Commercial Energy Audit Program -Energy audit and report to any small building owner with \$100K or less in annual power bills			(518) 880-0331	www.nyserda.org/energyaudit.html
Small Business Development Center – University At Albany - No-cost counseling, start-up/existing business plans; market/financial research/analysis; access to capital			(518) 453-9567	www.nyssbdc.org
Upromise – NY's 529 College Savings Program - Program provides a flexible, convenient, and low-cost way to save for college education expenses			(877) NYSAVES (877) 697-2837	www.nysaves.org



Small Business Information

Agency Contact Listing

Local Agencies / Private Businesses	PHONE	WEB/E-Mail
Affordable Housing Partnership - Matched savings program for small business start-ups and expansions	(518) 434-1730	FCB8234@aol.com www.ahphome.org
Albany County Economic Development - Empire Zone location and tax incentives; financing; grants	(518) 447-5660 Option 1	www.albanycounty.com
Albany Housing Authority – W.A.G.E. Center - Business plan assistance; employment referral	(518) 434-7451	www.AlbanyHousing.org
AXA Advisors - Benefits consulting, retirement planning, employer-sponsored college savings plans	(518) 373-7349	Timothy.pavone@axa-advisors.com
Business Improvement District – Central Avenue - Location assistance, economic development programs, marketing, public relations	(518) 462-4300	www.Albanycentral.com www.centralbid.com
Business Improvement District – Downtown Albany - Location assistance	(518) 465-2143	www.Downtownalbany.org
Business Improvement District – Lark Street - Location assistance within the BID; services provided by the BID to their members	(518) 434-3861	bid@larkstreet.org
The Business Review - Weekly business newspaper providing local breaking business news, leads and information	(518) 640-6800	albany.bizjournals.com
Capital District Child Care Coordinating Council - Free child care referrals, warm-line issues, training for day care professionals (off-site and on-site)	(518) 426-7181	www.cdcccc.org cdcccc@cdcccc.org
Capital District Community Loan Fund, Inc. - Small business classes, lending to startups and existing micro-enterprises	(518) 436-8586	paul@cdclf.org
Center for Organizational Energy w/HVCC – Workforce Development Institute - Management and leadership development, how to learn and start a medical transcription practice	(518) 869-8600 (518) 629-4549	energy@c4oe.com www.energyseekers.com
Chamber of Commerce, Albany - Colonie Regional - Retention & attraction services; finance & entrepreneurial assistance; demographics & community profiles	(518) 453-5227	www.ac.chamber.org
Chamber of Commerce, Guilderland - Partnering with GCC is more than an investment in your future – it's an opportunity to make a difference!	(518) 456-6611	www.guilderlandchamber.com
Chamber of Commerce, Schenectady County - Opportunities within Schenectady to grow your business with programs and funding	(518) 372-5656	www.schenectadychamber.org
Charter One Bank - Commercial loans, business checking, lines of credit, commercial mortgage	(518) 489-1867	
City of Cohoes - Micro-enterprise business loans, IDA projects, façade improvement program, business training seminars	(518) 233-2118	www.ci.cohoes.ny.us
City of Rensselaer - Business locations in downtown, the industrial area of the port, and the heavily traveled Route 20 corridor	(518) 465-1693	www.rensselaeronline.com
City of Watervliet - Empire Zone Program, Watervliet Arsenal Partnership, Economic Development	(518) 270-3804	www.watervliet.com mark@watervliet.com
Colonie Center	(518) 459-9022	www.shopatcoloniecenter.com
Consumer Credit Counseling Service of CNY - Credit and housing counseling, debt repayment, credit report review, educational programs for employees	(518) 482-2227	www.cccsny.org dkline@cccsny.org
Cornell Cooperative Extension of Albany County - Business start-up information, assistance via telephone, resource and referral info, business seminars	(518) 765-3500	www.cce.cornell.edu/albany
Downtown Schenectady Improvement Corp - Opportunities within Schenectady to grow your business with programs and funding	(518) 377-9430	www.downtownschenectady.com
Fidelis Care New York - Free or low-cost health insurance through Child and Family Health Plus	(888) FIDELIS (888) 343-3547	www.fideliscare.org jcollins@fideliscare.org
Green Island Power Authority - Economic Development, Empire Zone, Low Cost Power, Small Business Programs	(518) 271-9397	jack@greenislandpowerauthority.com
IKON Office Solutions - Document management and business solutions	(518) 279-0900	mcassella@ikon.com
Paychex - Payroll, payroll taxes, HR services, labor compliance, benefits, workers comp	(518) 435-7129	www.paychex.com
Questar III Adult and Continuing Education Division - English for Speakers of Other Languages, GED preparation, Youth Service Navigator, computer literacy	(518) 271-7524 (518) 270-2882	Sdvorsky@questar.org Slauetta@questar.org
Rensselaer County Economic Development and Planning - Small Business Training Program, Job Development Program, Empire Zone benefits	(518) 270-2914	www.discoverrenselaer.com
Schenectady County Community Business Center - Incubator space, training and financing for small businesses	(518) 382-3069	www.sccbc.org
SCORE®, Counselors to America's Small Business - No-charge counseling with starting, buying, or expanding a business; assistance with writing a business plan	(518) 446-1118 X233	www.scorealbany.org
SEFCU - Small business financial services: Savings, checking, business operating lines of credit, SBA, mortgages, etc	(518) 464-5290	www.sefcu.com busdev@sefcu.com
Support Services Alliance, Inc. - Discounted services and support for small businesses with 50 or less employees	(800) 836-4772	www.smallbizgrowth.com
Times Union - Zoned, display and classified advertising; banner and tile ads; direct mail services; web site design & hosting	(518) 454-5588	www.timesunion.com
Tough Traveler Ltd - Custom-designed briefcases, bags and packs; individual or production runs; for business or consumer use	(518) 377-8526	toughtraveler@aol.com
United States Federation of Small Businesses, Inc. - Products and services for businesses, including health, dental and international medical insurance	(800) 637-3331	www.usfsb.com
U-Start Business Incubator - Opportunities in Schenectady to grow your business with either programs or funding	(518) 631-0472	www.incubator.union.edu
Village of Green Island - Economic Development, Empire Zone, Low Cost Power, Small Business Programs	(518) 273-2201	mayor@villageofgreenisland.com
Village of Green Island Industrial Development Agency - Economic Development, Empire Zone, Low Cost Power, Small Business Programs	(518) 273-2201	seanw@villageofgreenisland.com
Wildwood Programs Inc - Trained workforce for full-time, part-time, or seasonal work; workplace literacy; health & safety training	(518) 783-9260 X 538	www.wildwood.edu